

## Free Meals

**Breakfast** every day at Boulder Shelter 6:30-7:15 for Boulder Shelter clients.

### Thursday Breakfast

8:00 am. Lamb's Cafe, First Pres, 1820 15<sup>th</sup> St. (closed mid June thru Labor Day)

### Saturday

12 Noon (doors open at 10:00) (Nov-Mar): Lamb's Lunch, First Pres, 1820 15<sup>th</sup> St.

5:00 pm (2<sup>nd</sup> and 3<sup>rd</sup> Saturdays): Outdoor supper @ southeast of Bandshell in Central Pk.

### Sunday

1<sup>st</sup> @ Noon: St. John's Episcopal Ch., 1419 Pine

2<sup>nd</sup> @ 12:30: Trinity Lutheran Ch., 2200 Broadway

3<sup>rd</sup> @ Noon: First U Methodist Ch, 1421 Spruce.

4<sup>th</sup> @ Noon: First Congregational Ch, 1128 Pine

5<sup>th</sup> @ Noon: First Presbyterian Church, 1820 15<sup>th</sup>

5:00 p.m.: Outdoor evening meal: Colorado FriendShip, parking lot of Justice Center—6<sup>th</sup> and Canyon

Monday-Friday, Noon-2 pm, Sack Lunch @ Harvest of Hope Food Pantry, 2960 Valmont Road. 720-382-1971

## Community Table Dinners *A Bridge House program*

**Monday, Wednesday & Thursday, 4:30-6 pm**  
At First United Methodist Ch. 1421 Spruce St

**Tuesday 4:30-6pm**

**Mountain View United Methodist Church, 355 Ponca Place (Frasier Meadows).**

Van for pick-up at 26<sup>th</sup> and Walnut at 4:30 p.m.

**Friday 4:30-6 pm**

St. John's Episcopal Church, 1419 Pine St.

## Path to Home Navigation Center 2691 30th Street 720-386-9002

### Coordinated Entry (At 2691 30<sup>th</sup> St.)

All individuals seeking overnight Shelter services must first go through the countywide Coordinated Entry System.

Wednesday through Monday 10 a.m. to 4 p.m. and Tuesday, Noon to 4 p.m.

**Navigation center** (At 2691 30<sup>th</sup> St.) Services as announced Monday through Saturday, 10 a.m. to 3 p.m. *Coordinated entry is required.*

[www.boulderbridgehouse.org/path-to-home](http://www.boulderbridgehouse.org/path-to-home)

## Severe Weather Shelter

**Severe Weather Hotline: Call 303-605-8919**

Walk-up weather dependent shelter

Line-up 6:30 pm, Doors open 7-9:00 pm

**Monday & Friday** Atonement Lutheran Church  
Inca & Baseline, RTD Bus 225

**Tuesday and Sunday** Congregation Har Ha Shem, 37<sup>th</sup> & Baseline Bus 225, South Building

**Wednesday & Thursday**

St. Andrew Church, 37<sup>th</sup> & Baseline, Bus 225

**Saturday** TBA

[www.boulderbridgehouse.org/severe-weather-shelter](http://www.boulderbridgehouse.org/severe-weather-shelter)

May 2018  
Edition

# A quick list of resources for people facing Homelessness in Boulder, CO

(a.k.a. The Handy Dandy Handout)

## Common Cathedral



All are welcome to participate in weekly reflection, discussion and communion. Visit Common Cathedral Boulder, at St. John's Episcopal Church, 1419 Pine Street, and ask for Barbara. We worship at 4:15 p.m. every Friday before Community Table.

Updated on 5/2/18 by Rev. Jan Dewlen,  
St. John's Episcopal Church

# Resources

## **Addiction Recovery Center**

- ❖ 3180 Airport Road, Boulder, CO 80301
- ❖ **303-441-1281**
- ❖ Services offered: Detox and referral to substance abuse treatment programs.

## **Boulder County AIDS Project**

- ❖ 2118 14<sup>th</sup> Street, 303-444-6121
- ❖ Free needle exchange M-F, 2:00-5:00 pm
- ❖ Free, rapid, & anonymous HIV, Hep C testing.
- ❖ Call for appt. Bilingual staff available.
- ❖

**Boulder Police Dispatch: 303-441-3333**  
**Emergency: 911**

## **Boulder Shelter for the Homeless (BSH)**

- ❖ 4869 N. Broadway. No pets
- ❖ **Only for overnight guests: Morning Services:** breakfast, showers, laundry, mail, lockers 6-8:00 a.m. Closed for Services 10:00 am- 5:00 pm. Staff will be available by phone before 10:00am & after 5:00pm.
- ❖ 303-442-4646

## **Center for People with Disabilities**

- ❖ 1675 Range St, Boulder, CO 80301, 303-442-8662
- ❖ Resources, information and advocacy to assist people with disabilities in overcoming barriers to living.

## **Community Circle** with Elizabeth Stahl MA, Psychotherapist

- ❖ A free group to support transition
- ❖ Thursdays 2:30-3:30 pm
- ❖ 3400 Table Mesa Suite 102
- ❖ To enroll: 646-573-0195, **Must register first!**  
www.elizabethstahlpsychotherapy.com

## **Clothing and Personal Items**

- ❖ **Deacon's Closet:** Thursdays, 9:30-10:30 am  
At First Presbyterian Annex, 1603 Walnut

## **Dental Aid**

- ❖ 4155 Darley Ave Boulder, CO 80305
- ❖ Phone: 303 499-7010

## **Emergency Family Assistance Association (EFAA)**

- ❖ 1575 Yarmouth, 303-442-3042
- ❖ Assistance with deposit or first month rent, food, furniture, minor medical & dental costs, short term housing, and transitional housing for **families**.
- ❖ Assistance for seniors, and people with disabilities.
- ❖ Ask to speak with a caseworker

## **Foodbank: Harvest of Hope**

- ❖ 2960 Valmont Road (29<sup>th</sup> & Valmont), 720-382-1971
- ❖ People without kitchens M-F Noon-2 pm
- ❖ People with kitchens shop M-F 9-11 am, and Thurs. 4:30-6:30 pm

## **Emergency Psychiatric Crisis Line** **1-844-493-8255 (TALK)**

## **Mental Health Partners**

- ❖ Emergency Psych Service **303-447-1665**, 24-Hour Walk In Clinic— 3180 Airport Rd., & mobile response
- ❖ Mental Health Partners, Ryan Wellness Center, 1000 Alpine Ave., 303-443-8500. Main number for intakes, appointments, and pharmacy.

## **MESA Rape Crisis Hotline 303-443-7300**

## **Little Flower Maternity Home**

- ❖ Pregnant moms ages 18+ live free in Lafayette home until baby is 6 mos. 720-609-2934

## **Mother House**

- ❖ Residential program for pregnant women (18+)
- ❖ Short term housing and supportive services
- ❖ 303-447-9602

## **OUT Boulder, LGBT Community**

- ❖ 2132 14<sup>th</sup> St. 303-499-5777

## **People's Clinic & Clinica Family Health Services**

- ❖ Walk-in hours:
- ❖ Tuesdays 8:30-10:40 a.m., Thursdays 2:30-3:40 p.m.
- ❖ 2525 13<sup>th</sup> St., Boulder, CO 80304 **303-650-4460**

## **Safehouse Progressive Alliance for Nonviolence (SPAN) 24/7 Crisis Hotline 303-444-2424**

- ❖ Counseling, legal advocacy, and support groups for survivors of domestic violence
- ❖ Emergency safe shelter for survivors fleeing abuse

## **St. Benedict Health & Healing Ministry** **FREE CLINIC; NO EMERGENCY SERVICES.**

No appointment needed.

- ❖ Doctor, Nurse, and Physical Therapist Visits
- ❖ 303-380-3132
- 11:30 am-2:00 pm (Coincides with Sunday noon meals)
- ❖ 1<sup>st</sup> Sunday-St. John's Episcopal Church
- ❖ 2<sup>nd</sup> Sunday-Trinity Lutheran Church
- ❖ 4<sup>th</sup> Sunday-First Congregational Church
- Every Thursday-
- ❖ OUR Center, Longmont, during lunch, 11 am-1:30 pm
- ❖ Sister Carmen Center, Lafayette, Food Bank, 1-4:30 pm

## **The Source (Attention Homes)**

- ❖ 3080 Broadway, 303-447-1207
- ❖ Drop-In 12:30-5:00 pm every day (**Ages 12-24**)
- ❖ Hot meal, Showers, Laundry, Internet, GED help, clothing, & counseling
- ❖ Overnight Shelter (**Ages 12-20**)

## **Social Security:**

- ❖ 480 Dahlia St. Louisville, CO 80027
- ❖ 1-800-772-1213 / 1-800-325-0778
- ❖ M,T,Th,F 9:00 am-4 pm, Wed 8:00 am-12:00 pm

## **Social Services**

- ❖ Food stamps, TANF, Medicaid & Housing
- ❖ 3400 Broadway, Boulder, CO 303-441-1000
- ❖ 515 Coffman St., Longmont, CO (St. Vrain Hub)

## **Street Paws (Emergency needs for Dogs and Cats)**

- ❖ 720-840-4636 (for pets of homeless clients)

## **Transportation:**

Monday – Friday: the **free bus** to Boulder Shelter for the Homeless leaves Walnut & 11<sup>th</sup> at 5 pm

## **RTD Bus Station Walnut 7 14th**

- ❖ 303-299-6000, Disabled show ID for ½ price tickets

## **Community Cycle: Refurbished bikes**

- ❖ 720-565-6019
- ❖ 2805 Wilderness Place #1000, Boulder, CO 80301

**Bicycle Power:** Free repair 720-253-7036, Glenn Francis

**VIA Mobility Services:** 303-447-2848

**Boulder Yellow Cab:** 303-777-7777 Open 24 hrs.

**VA Crisis Line:** 1-800-273-8255

- ❖ Veterans Helping Veterans Now: 303-772-9777